

---

A Monthly Newsletter by  
Singapore Silat Federation

# SILAT —



# — UN CUT

Vol. 62  
(April 2024)

---

# *The Management of Singapore Silat Federation*

wishes its affiliates, stakeholders, partners,  
members, national athletes a  
wonderful joyous occasion in celebrating  
completion month of Ramadhan.



---

# MINISTER'S HARI RAYA GET TOGETHER DINNER

Every year, Singapore Silat Federation is delighted to be invited to receive a prestigious invitation to attend the Minister's Get Together Hari Raya Dinner. Which this year was held on 19 April 2024, at the luxurious Conrad Centennial. This invitation not only reflects the federation's esteemed standing within the community, but also underscores its significant contributions to the cultural fabric of Singapore.

Gracing the occasion was the Secretary General of Singapore Silat Federation, Madam Ainin Jasni.

The Minister's Get Together Hari Raya Dinner served as a platform for fostering unity, camaraderie, and cultural exchange among Singapore's diverse communities. It provided an invaluable opportunity for the Singapore Silat Federation to forge meaningful connections, celebrate shared traditions, and reaffirm its dedication to preserving and promoting the art of Silat. The invitation to this esteemed gathering serves as a testament to the federation's unwavering commitment to excellence, community engagement, and the promotion of traditional martial arts.



# SCDF HARI RAYA CELEBRATION



Singapore Civil Defence Force or also popularly known as "SCDF" stands as the nation's frontline guardian, dedicated to protecting lives, property, and the environment from all forms of emergencies and disasters.

Singapore Silat Federation was excited to be engaged and contributed our cultural performance at their SCDF Hari Raya Celebration on 23 April 2024, at HomeTeam NS Bedok. Apart from showcasing Pencak Silat Artistic performance, one of the National Coach, Mr. Mohamed Noor Rafili, explained and demonstrated origin of Pencak Silat, and the difference between Tanding (sparring) and Seni (Artistic) in Pencak Silat.



# SILAT SKIT @ PUB RECREATION CLUB

In a celebration of cultural fusion and community spirit, PUB Recreation Club once again engaged Singapore Silat Federation's service to train their staff and members for an exhilarating Hari Raya performance. Combining the grace and tradition of Silat with elements of comedy, the performance promises to captivate audiences with its unique blend of martial arts and entertainment. Having a background in directing and filmography, the National Coach, Mr. Muhammad Muiz has contributed together with the members drawing an inspiration from traditional Silat movements and comedic flair, where delightful skit that promises laughter and excitement for the audiences.

Singapore Silat Federation is humbled to hear the positive feedback received, and for the trust given by engaging the services again in teaching and introducing Pencak Silat to their staff and members.



---

# SSP NETWORKING SESSION

On the 17 April, the Singapore Sports School (SSP) opened its doors to a dynamic networking session, inviting stakeholders, educators, and sports enthusiasts to gain insights into its unique offerings and achievements. Led by the esteemed principal, the session provided a comprehensive overview of SSP's ethos, facilities, and groundbreaking programs, underscoring its commitment to nurturing both athletic and academic excellence.

SSP Principal, Mr. Ong Kim Soon shared at the session with an illuminating breakdown of SSP's core values and mission. From its state-of-the-art facilities to its illustrious track record of student-athlete achievements, SSP emerged as a beacon of excellence in sports education. With a diverse academy structure and a comprehensive through-train program in partnership with Republic Polytechnic and Ngee Ann Polytechnic, SSP offers a holistic educational experience that seamlessly integrates sports training with academic pursuits.

Emphasizing the holistic development of student-athletes, Principal Ong shed light on the invaluable life lessons and skills imparted during their time at SSP. While the school is undeniably sports-inclined, it fosters an environment where academic excellence is equally valued and supported. Through a rigorous curriculum and personalized mentorship, student-athletes are empowered to excel both on and off the field, cultivating qualities of discipline, resilience, and leadership that transcend sports.

One of the highlight of the session was the discussion on the National Sports Association (NSA) networking, aimed at enhancing support systems for student-athletes. By fostering collaborating and sharing best practices, NSAs play a pivotal role in optimizing the development pathways for aspiring athletes, ensuring they receive the necessary resources and guidance to reach their full potential

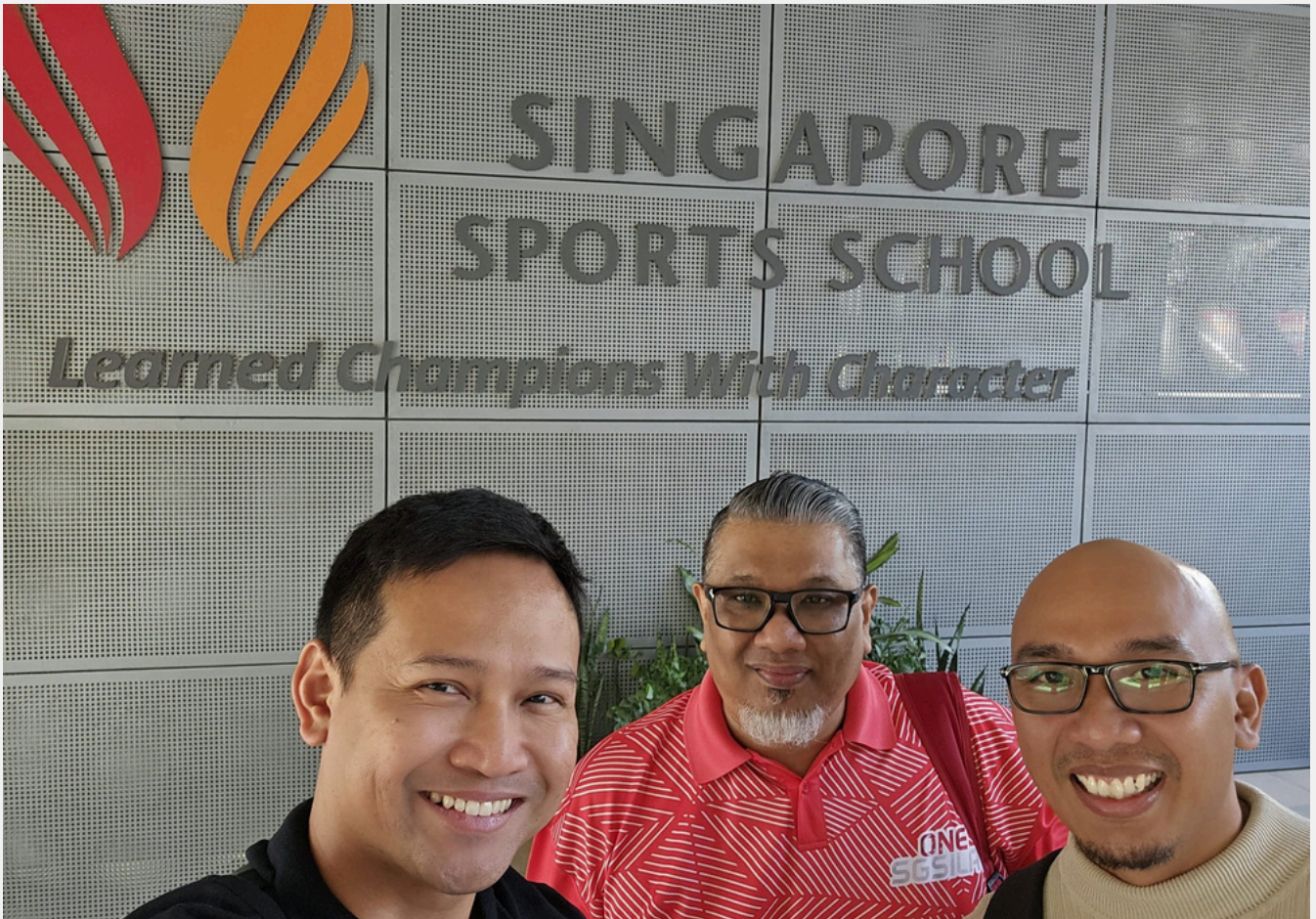
---

As the networking session unfolded, participants engaged in enriching discussions and exchanges, exploring innovative strategies to further elevate the student-athlete experience at SSP. From talent identification to career development opportunities, the session underscored the collective commitment to nurturing Singapore's next generation of sporting champions.

In conclusion, the Singapore Sports School's networking session served as a testament to its unwavering dedication to excellence, innovation, and inclusivity in sports education. With a steadfast focus on empowering student-athletes to excel in both sports and academics, SSP continues to set the standard for holistic athletic development in Singapore and beyond.

Singapore Silat Federation's national coaches, Mr. Noh and Mr. Mohamed Noor Rafili, and high-performance executive, Mr. Muhd Fadhli, reflected on their attendance at the networking session, as they recognized the invaluable opportunities it presented for enhancing their coaching methodologies and supporting the holistic development of Silat athletes. Armed with newfound knowledge and insights, they returned to their roles with a renewed sense of purpose and commitment to nurturing Singapore's next generation of sporting champions in the art of Silat.





<b>Liang Xiao Yu</b> Badminton Olympian 2016	<b>Loh Kean Yew</b> Badminton Olympian 2016, World Champion 2017	<b>Yeo Jia Min</b> Badminton Olympian 2016	<b>Darren Ong</b> Badminton World Champion 2017	<b>Amita Bertscher</b> Fencing Olympian 2016	<b>Adela Tan</b> Shooting Olympian 2016	<b>Mylene Ong</b> Swimming Olympian 2016
<b>Tao Li</b> Swimming Olympian 2016	<b>Clarence Chew</b> Table Tennis Olympian 2016	<b>Calvin Kang</b> Track & Field Olympian 2016	<b>Dipone Lim</b> Track & Field Olympian 2016	<b>Shanti Pereira</b> Track & Field Olympian 2016	<b>Constance Lien</b> Artistic Gymnastics World Champion 2017	<b>Amrah Sahin</b> Paralympic Athlete World Champion 2017
<b>Anis/Ari</b> Paralympic Athlete World Champion 2017	<b>Muhammad Iqbal</b> Paralympic Athlete World Champion 2018	<b>Nurul Suhaila</b> Paralympic Athlete World Champion 2018	<b>Sheik Farhan</b> Paralympic Athlete World Champion 2018, 2019, 2020, 2021	<b>Sheik Ferdous</b> Paralympic Athlete World Champion 2018	<b>Cecilia Low</b> Sailing Olympian 2016, World Champion 2017	<b>Darren Choy</b> Sailing World Champion 2017, 2018
<b>Denzel Lim</b> Sailing Olympian 2016	<b>Griselda Khng</b> Sailing Olympian 2016	<b>Jovina Choo</b> Sailing Olympian 2016	<b>Rachel Lee</b> Sailing World Champion 2017	<b>Sherman Cheng</b> Sailing World Champion 2018	<b>Valeria Chia</b> Sailing World Champion 2017	<b>Victoria Chan</b> Sailing World Champion 2018
<b>Jowen Lim</b> Wrestling World Champion 2017	<b>Zeanne Low</b> Wrestling World Champion 2017	<b>15 Olympians and 17 World Champions</b>				



---

# MCCY MINISTER AT OCBC ARENA HALL 4

In a show of solidarity and commitment to Singapore's sporting community, the Minister of Ministry of Culture, Community and Youth (MCCY), Minister Edwin Tong, accompanied by officials from SportSG and Sportshub, embarked on a comprehensive tour of the world-class facilities at the Singapore Sports Hub. During the tour, the entourage made a stop to the OCBC Arena Hall 4, where the Singapore Silat Federation conducts its training sessions.

Amidst the training activities, the Minister had the opportunity to observe the spexScholar athletes in action, witnessing firsthand their dedication and determination towards honing their craft in Silat. Expressing his support for the athletes and the sport itself, the Minister reassured the Silat community of his backing during these challenging times.

In a heartfelt gesture, the Minister extended his gratitude to the Singapore Silat Federation for their unwavering commitment to running training programs amidst the ongoing trials faced by the sporting community. He acknowledged the resilience and perseverance demonstrated by the federation in upholding their responsibilities and continuing to nurture talent despite the adversities.

The Minister's visit not only underscored the government's unwavering support for sports development but also served as a morale boost for athletes and coaches alike. His presence was first welcomed by Coach Noh, representing the federation, and his words of encouragement reaffirmed the importance of sports in Singapore's national agenda and provided assurance that the government stand steadfast in its commitment to the sporting fraternity, especially during challenging times.

---



SINGAPORE SILAT FEDERATION



ONE SCSILAT

# NATIONAL REGISTRATION



**REGISTRATION FEE**

**NEW**

**RENEWAL**

<b>SENIOR (17 - 45 YR OLD)</b>	<b>\$420.00</b>	<b>\$360.00</b>
<b>JUNIOR (14 - 16 YR OLD)</b>	<b>\$420.00</b>	<b>\$360.00</b>
<b>PRE-JUNIOR (12 - 13 YR OLD)</b>	<b>\$420.00</b>	<b>\$360.00</b>
<b>PRE-TEEN (10 - 11 YR OLD)</b>	<b>\$320.00</b>	<b>\$260.00</b>
<b>SINGA SILAT (6 - 9 YR OLD)</b>	<b>\$320.00</b>	<b>\$260.00</b>
<b>SINGA CUB (3 - 5 YR OLD)</b>	<b>\$320.00</b>	<b>\$260.00</b>
<b>DIRECT ENTRY (3 - 45 YR OLD)</b>	<b>\$460.00</b>	<b>\$400.00</b>

FOR INDIVIDUALS WHO DOES NOT COME FROM AFFILIATED CLUBS AND / OR NO MARTIAL ART BACKGROUND

## TRAINING SCHEDULE

CATEGORY:

**SENIOR, JUNIOR, PRE-JUNIOR**

**MONDAY - FRIDAY** **8PM - 10PM**

**OCBC ARENA, HALL 4**

CATEGORY:

**PRE-TEEN, SINGA SILAT, SINGA CUB**

**MONDAY - THURSDAY** **8PM - 10PM**

**OCBC ARENA, HALL 4**



Kindly scan the QR Code to register

# RECRUITMENT: SILAT ALUMNI

Calling our Silat Alumni to join our alumni team!

We are looking for individuals who were in the National Silat team to join us where we inspire, dedicate, and aspire our current athletes as they fight towards the nation's success in the name of Pencak Silat.

Drop us a call at +65 6282 2316 or an email to [ssf@persisi.org](mailto:ssf@persisi.org).

ssf@persisi.org'. The bottom section has a black background with the 'ONE SGSILAT' logo and social media links: 'ADDRESS: NO 11 BEDOK NORTH ST 1 #04-02 (469662)', 'WEBSITE: WWW.PERSISI.ORG', 'FACEBOOK: WWW.FACEBOOK.COM/SGSILAT', 'INSTAGRAM: WWW.INSTAGRAM.COM/SGSILAT', and 'YOUTUBE: WWW.YOUTUBE.COM/SSF'."/>

SINGAPORE SILAT FEDERATION

# JOIN OUR ALUMNI TEAM

INSPIRE DEDICATE ASPIRE

For more enquiries, contact us at: +65 6282 2316 or [ssf@persisi.org](mailto:ssf@persisi.org)

ADDRESS: NO 11 BEDOK NORTH ST 1 #04-02 (469662)

WEBSITE: [WWW.PERSISI.ORG](http://WWW.PERSISI.ORG)  
FACEBOOK: [WWW.FACEBOOK.COM/SGSILAT](http://WWW.FACEBOOK.COM/SGSILAT)  
INSTAGRAM: [WWW.INSTAGRAM.COM/SGSILAT](http://WWW.INSTAGRAM.COM/SGSILAT)  
YOUTUBE: [WWW.YOUTUBE.COM/SSF](http://WWW.YOUTUBE.COM/SSF)



# NATIONAL SYLLABUS



The national syllabus is a set of standards that is going to be used across the Singapore silat fraternity.

It covers the levels that are taught and the standards that the learner has to reach. This curriculum sets out the programs and level targets for the learners to achieve at all levels.

All affiliates with Singapore Silat Federation (SSF) will have to teach this programme.

The complete version of the curriculum is at its key stages and SSF will present it to the Sports governing body for approval.

SASH	LEVEL	DEFINITION	REMARKS
White	1	Beginner	
	2		
	3		
Green	4	Intermediate	Eligible to compete
	5		
	6		
Red	7	Advanced	
	8		
	9		
Brown	10	Assistant Instructor	Assist instructors with the White Sash students
	11		
	12		
Black	13	Instructor	
	14		
	15		



**SINGAPORE SILAT FEDERATION**

WWW.PERSISI.ORG



@SGSILAT

**ONE**  
SGSILAT

# RUNNING A SILAT CLUB?



Singapore Silat Federation welcomes any new Silat Club to join us as our affiliate, be it as an Ordinary or Associate Member!

You will be able to get first-hand information with regards to Pencak Silat activities and programmes happening locally and internationally. Most importantly, get your Silat Club recognized and certified by us, the main governing body for the sport in Singapore.



Currently, we have twenty-one (21) Ordinary Members, and six (6) Associate Members registered and certified with Singapore Silat Federation.

To join us, simply write in to register your interest via email to [ssf@persisi.org](mailto:ssf@persisi.org) and attention it to our President with Affiliation with Singapore Silat Federation as your subject.

We look forward to welcoming you on board!

# BE A PART OF OUR SILAT FAN CLUB!



# UPCOMING

We encourages all stakeholders to keep a lookout for upcoming courses or workshops, developments or opportunities!

# COURSES







# HOST COUNTRY FOR THE FUTURE ASIAN GAMES



## 22<sup>nd</sup> ASIAN GAMES **RIYADH 2034**

2030 and 2034 host countries for the Asian Games have been announced by the Olympic Council of Asia.

The 21st Asian Games will be hosted by Doha, and 22nd Asian Games was awarded to the Saudi Arabia capital of Riyadh.

We are looking forward to the announcement on the numbers of medal sports will be participated in the games.

Pencak Silat first made its debut in the 18th Asian Games in Jakarta-Palembang when Indonesia became the host country. And we definitely looking forward to more Asian Games with Pencak Silat as one of the competitive sports.



---

# 6TH ASIAN INDOOR & MARTIAL ARTS GAMES

The 6th Asian Indoor and Martial Arts Games (AIMAG) in Thailand are progressing after a recent online meeting of the OCA Coordination Committee.

Chaired by OCA Vice President Timothy Fok, discussions led by Dato' Seri Chaiyapak Siriwat covered various aspects including the master plan, budget, committee structure, IT solutions, protocol, and sports technical handbooks.

The schedule for events like the Chefs de Mission, Seminar, World Press Briefing, and Technical Delegates Meeting was finalized.

The fourth Coordination Committee meeting was set on 18-21 February in Bangkok.

The games which was originally scheduled for 2021 were delayed due to the global pandemic and changes in the Thai government.

Now slated for 21 to 30 November 2024, the games will be held in Bangkok-Chonburi, province in Thailand, the AIMAG offers Asian's National Olympic Committees time to regroup after the Paris Olympics.

***“Pencak Silat was included in the 1st Asian Martial Arts Games in August 2009, when Thailand became the Host Country, and the games was organized in Bangkok. The Team Singapore Silat brought back 2 Silver and 2 Bronze. Contributed from; Muhammad Nur Shafiq Mohd Saiful, Mohd Elyasak Said, Saiedah Said, and Nur Zulaikha Zakaria.***

***And, next Pencak Silat was included in the 3rd Asian Indoor Games, the same year. When Vietnam became the Host Country, and Pencak Silat was organized in one of the city in called Hai Duong. The Team Singapore Silat brought back 1 Gold, 4 Silver & 2 Bronze. Contributed by; Rabiatul Adawiyah Yusak, Mohd Saifuddin Julaimi, Muhammad Shakir Juanda, Muhammad Nur Shafiq Mohd Saiful, Nurindah Mursani, Mohd Saifullah Julaimi, and Nur Dinniati Julaimi.”***

---



6<sup>th</sup> Asian Indoor and Martial Arts Games  
***Bangkok - Chonburi***  
**2021**

# HELP US ACHIEVE OUR DREAMS TO BE CHAMPIONS

**YOU CAN SIMPLY HELP US  
BY MAKING OUR DREAMS  
COME TRUE...**

As a non-profit organization, Singapore Silat Federation relies heavily on government grants, sponsorship, and public donations.

Donation can be made through the following modes of payments.



1. iBanking (Direct Bank Transfer to - DBS Current Account 017-007120-3
2. PayNow (UEN No. S76SS0039A)
3. Cheque (Payable to Singapore Silat Federation)

If you would like to donate specifically for our Silat High-Performance expenses, and directly to One Team Singapore Fund, drop us an email and let us know your interest. We are more than happy to assist!



**@SGSILAT**

For more information, you can contact us via:  
Singapore Silat Federation  
Heartbeat@Bedok, 11 Bedok North Street 1  
NSA Office, #04-02, Singapore 469662  
Main: + 65 6282 2316 / 17 / 19  
E-mail: [ssf@persisi.org](mailto:ssf@persisi.org)



**ONE  
SGSILAT**



## SINGAPORE SILAT FEDERATION

WWW.PERSISI.ORG

# TALK TO US

(65) 6282 2316 / 17 / 19

ssf@persisi.org || www.persisi.org

# WE ARE LOCATED AT..

11 Bedok North Street 1, Heartbeat@Bedok,  
NSA Office, #04-02, Singapore 469662



**SINGAPORE SILAT  
FEDERATION**



**@SGSILAT**



SGSILAT



MUHAMMAD IQBAL

MUHAMMAD HAZIM

SHEIK FARHAN

NURUL SUHAILA

SHEIK FERDOUS



# CHAMPIONS